



How to Build a Care Package

Care packages are intended to provide a person with basic essentials for personal hygiene. Here are items we suggest for care packages:

Care Packages for Women

Face Cloth
Soap
Deodorant
Toothpaste
Tooth brush
Dental Floss
Small Shampoo
Small Conditioner
Comb or Brush
Small Hand Lotion
Chapstick
Kleenex Pocket Pack
Panty Liners
Maxi Pads
Underwear - size M or L
Socks
Hot Packs

Care Packages for Men

Face Cloth
Soap
Deodorant
Toothpaste
Tooth brush
Dental Floss
Small Shampoo
Small Conditioner
Comb or Brush
Small Hand Lotion
Chapstick
Kleenex Pocket Pack
Small Shaving Lotion
Shaving Razor
Underwear - size M or L
Socks
Hotpack

52 Weeks

